GREAT RECIPE IDEAS FOR YOUR FOOD DONATIONS



An easy and classic recipe with a scone like topping, which is a great way to use up surplus plums or other fruits this summer.

Serves 6
Prep time 20 minutes
Cooking time 25 minutes

Ingredients

- 800g plums, stoned and quartered (or other surplus food you may have to hand including apples, pears, berries etc).
- 50g granulated sugar
- 200ml water
- 1 tsp ground cinnamon

Cobbler topping:

- 225g self-raising flour
- 1 tsp baking powder
- 50g cold spread/butter, cut into small pieces
- 25g caster sugar
- 150ml Alpro Almond drink or Soya alternative to milk

Method

- 1. Preheat the oven to 190°C fan, 200°C conventional, gas 6.
- 2. Place the granulated sugar, water and cinnamon in a large saucepan and place on a low heat. Gently stir until the sugar dissolves, approximately 2 minutes do not bring it to the boil. Once the sugar has dissolved, increase the heat and bring to the boil, cooking for 1-2 minutes. Then add the plums, cover with a lid and cook gently on low to medium heat, for 5 minutes.
- 3. Pour the cooked plums into a 25cm round ovenproof dish.

Cobbler topping:

- Pour the flour and baking powder into a medium bowl add the cold spread/butter and carefully rub the fat into the flour until it resembles breadcrumbs.
- Stir in the sugar and Alpro Almond or Soya drink until you have a soft pliable consistency. Bring the mixture together into a ball.
- Place the cobbler mixture onto a lightly floured board and flatten out with your hand or a rolling pin to a thickness of around 4cms.
- 4. Using a 6cm cutter, cut out 8 circles and place them on the top of the plums.
- 5. Cook the dish in the oven for 15 minutes or until the cobbler is golden brown and well risen.

Delicious served with Alpro alternative to yogurt.

Cooking for a crowd: to serve 12, use recipe x 2. Prep time 45 mins. Cooking time 25mins. Dish size approx. 33 x 32 x 5cm.

Top Tip:

Vary your fruit depending on the season. Peaches, nectarines and berries in the summer or apples and pears to make a lovely winter warming cobbler. As a change, remove 50g of the flour and use 50g ground almonds and a tsp of almond essence.



