

## FareShare media pack



### About FareShare

FareShare is the UK's biggest charity fighting hunger and food waste. We redistribute good food, which would otherwise go to waste, to frontline charities and community groups that support people in need.

More than 10,500 charities and community groups receive food through FareShare. They provide a lifeline to vulnerable people by turning the food

they receive into food parcels or meals for vulnerable families and individuals, many of whom are at risk of hunger, and struggling with unemployment, low income, debt, homelessness, family break up, dependency or other issues.

By receiving food through FareShare, these organisations are better able to provide nutritious meals and food parcels alongside life-changing support.

### Food poverty in the UK

- An estimated 8 million people in the UK struggle to get enough to eat.
- There are currently 2.3 million children in the UK living in households that have experienced food insecurity in the last six months<sup>1</sup>.
- People in food poverty are those who don't have continuous access to affordable, nutritious food. It includes those on low or no income, but also encompasses people affected by physical or mental illness, addiction, relationship breakdowns and more.



### Food waste in the UK

- 2m tonnes of good-to-eat food is wasted across the food industry each year.
- That 2m tonnes of food would make 1.3bn meals, enough for 162 meals for every one of those 8 million people trapped in food insecurity.



### Where does the food go?

A network of 10,500 charities all across the UK receive food through FareShare. Our charities include hostels, women's refuge centres, drug rehabilitation centres, lunch clubs for older people and children's breakfast clubs. These charities use FareShare food to make nutritious food parcels or meals for their clients and provide their beneficiaries with additional support to help get back on their feet.

<sup>1</sup> Food Foundation report, *The Impact of Coronavirus on Children's Food* - <https://foodfoundation.org.uk/new-food-foundation-data-sept-2020/>

## FareShare's impact

- During 2020/21, FareShare redistributed more than 55,000 tonnes of food to people at risk of hunger.
- **That's the equivalent of nearly 132 million meals, or 4 meals every second.**
- FareShare supplied an average of more than 2.5m meals every week in 2020-21, double the amount it redistributed in 2019- 20 (just over 1m).
- Each of the 10,500 organisations in FareShare's network received an average of 5.2 tonnes of food -- the equivalent of 12,530 meals -- a staggering increase of 139%, compared to 2019-20.

## FareShare and the pandemic

- FareShare redistributed 132 million meals -- 4 meals every second - during the crisis.
- It doubled its work during the pandemic, supplying an average of 2,538,276 meals every week in 2020/21 (in 2019/20, it was 1,097,147 meals.)
- At the peak of the crisis, it was redistributing 3 million meals each week.
- Nine in ten of the 10,500 charities and community groups FareShare supports say they have seen unprecedented demand for food throughout the pandemic.
- Before the pandemic, 10% of the charities FareShare supports were foodbanks. That rose to nearly 50% during the crisis.



## FareShare key messages

- FareShare is the UK's biggest charity fighting hunger and food waste.
- 2m tonnes of good to eat food is wasted across the food industry each year. That's why FareShare is needed more than ever - to stop food waste and food poverty.
- FareShare redistributed 132 million meals - 4 meals every second – during the crisis.
- FareShare has doubled the amount of food provided to vulnerable people - from 1 million meals to 2 million meals every week.
- Two thirds of the food FareShare distributes goes to children and families.
- Nine in ten of the charities @FareShareUK supplies say demand for food remains high.
- Donations help fund the running of FareShare's delivery vans, PPE to keep volunteers safe and help get food to hundreds more frontline organisations supporting vulnerable people
- Every donation can make a difference - visit [www.fareshare.org.uk](http://www.fareshare.org.uk)
  - £5 - helps deliver enough food for 20 meals
  - £10 - helps deliver enough food for 40 meals
  - £25 - helps deliver enough food for 100 meals

## Press and PR Team



### Press Team

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