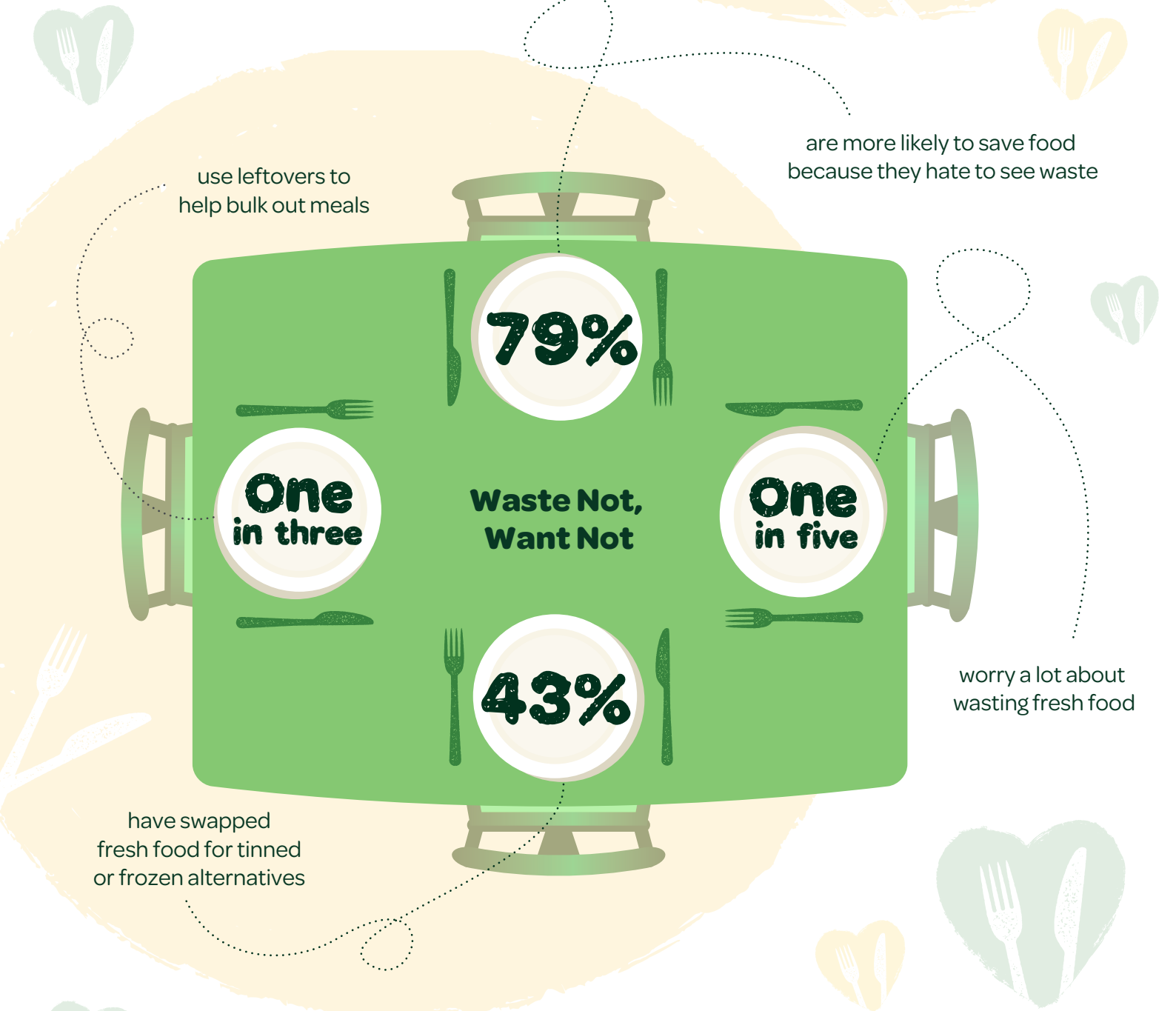
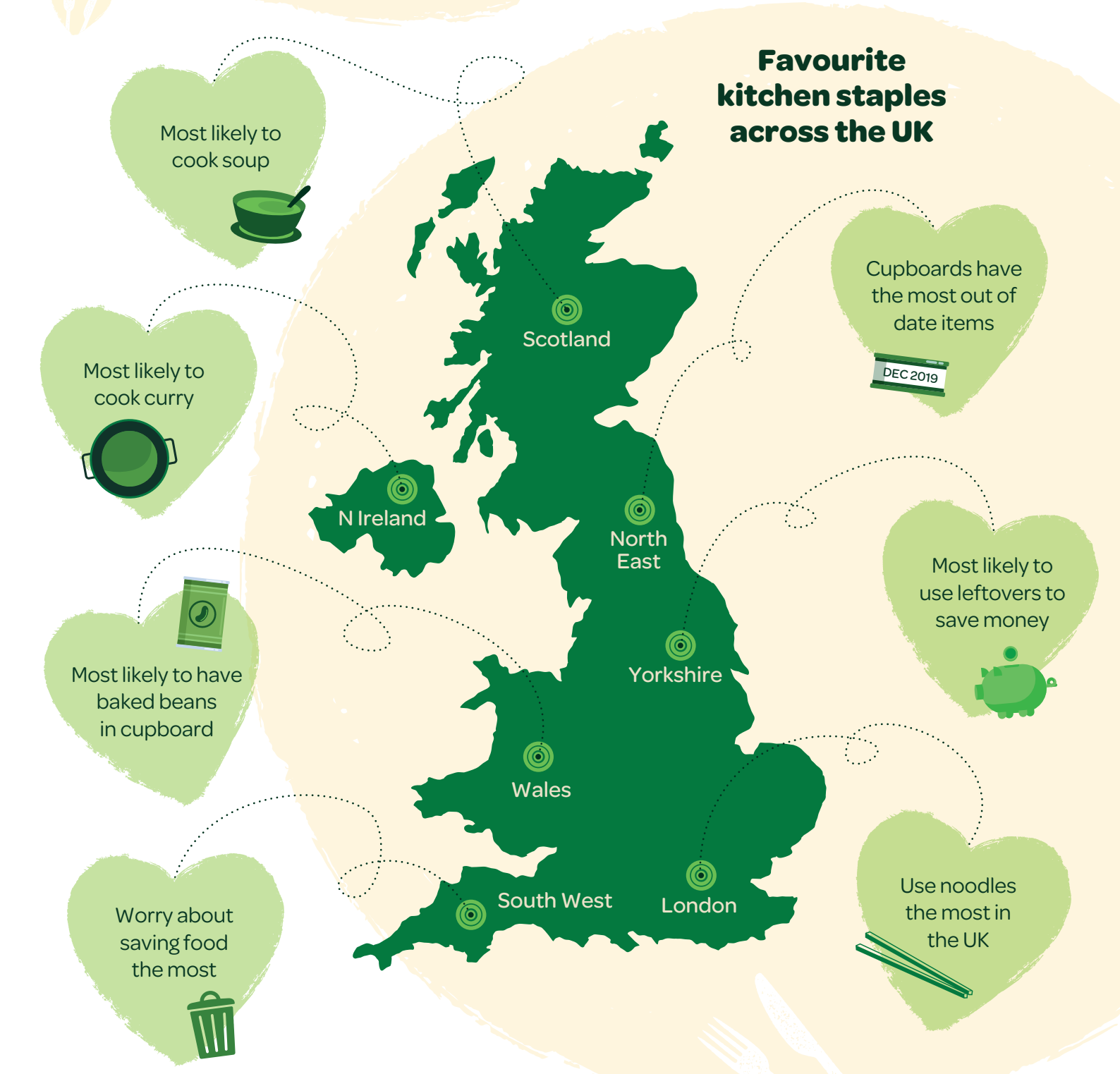
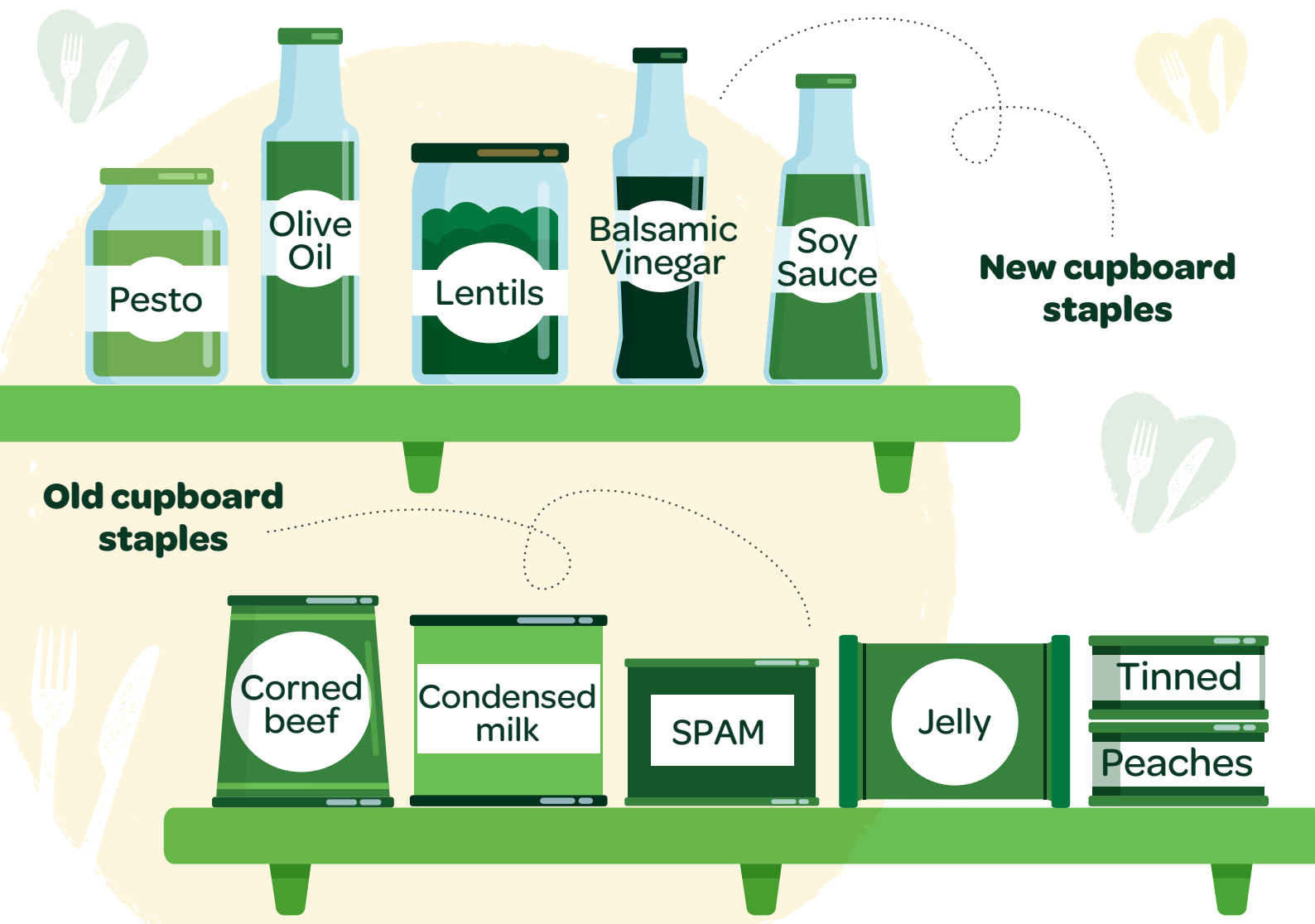




MILLION MEALS ESSENTIALS

Research by community retailers SPAR has revealed how cupboard essentials have changed with new favourites such as soy sauce, balsamic vinegar and pesto now front and centre, whilst tinned garden peas and potatoes are a distant memory. But whatever your cupboard essentials are our research with FareShare shows just how important it is to have these staples to hand in fighting food insecurity.



To find out more about SPAR's One Million Meals campaign visit:
www.spar.co.uk/community/one-million-meals