

# Weekly Meal Planner

Let's get **CRACKING**

As a Zero Hero, your fundraising...  
 tackles food waste ✓  
 helps us to get food to 1 million people ✓



	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Breakfast							
Lunch							
Dinner							
Snack							
Leftovers							
Notes							