

Natasha's Law - Guidance for FareShare Community Food Associates



What is Natasha's Law?

In July 2016, 15 year old Natasha Ednan-Laperouse bought a baguette from Pret a Manger, which had been made up and packaged in the store. Due to this, the store were not required by law to include written allergens on the label. Natasha very sadly suffered a devastating allergic reaction and later died in hospital. Since then, her parents, Tanya and Nadim Ednan-Laperouse, have campaigned to raise awareness and for the law to be changed to protect those with food allergies. As a result of their efforts, the law regarding allergens in prepacked for direct sale (or PPDS food) has changed and will come into effect **1st October 2021** in England, Wales and Northern Ireland. Food Standards Scotland will also be following improved labelling on PPDS food items.

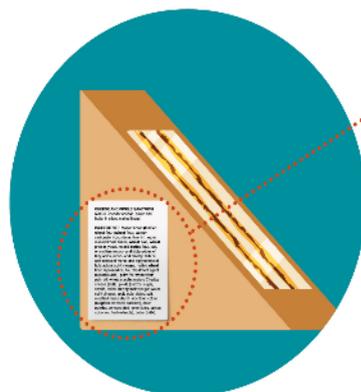
What are Prepacked foods for Direct Sale (PPDS)?

Prepacked for direct sale or PPDS is food which is packaged at the same place it is offered or sold to consumers and is in this packaging before it is ordered or selected. It can include food that consumers select themselves (e.g. from a display unit such as ready-made sandwiches or salads), as well as products kept behind a counter and some food sold at mobile or temporary outlets.

What are the changes to PPDS Foods?

PPDS food will now have to clearly display the following information on the packaging;

- The name of the food
- Full ingredients list
- Any allergens made to stand out (for example, bold writing or different colour text) as shown



CHEESE AND PICKLE SANDWICH

Mature Cheddar cheese, pickle and butter in sliced malted bread

INGREDIENTS: Malted bread (fortified **wheat** flour (**wheat** flour, calcium carbonate, iron, niacin, thiamin), water, malted **wheat** flakes, **wheat** bran, **wheat** protein, yeast, malted **barley** flour, salt, emulsifiers (mono- and diglycerides of fatty acids, mono- and diacetyl tartaric acid esters of mono- and diglycerides of fatty acids), spirit vinegar, malted **wheat** flour, rapeseed oil, flour treatment agent (ascorbic acid), palm fat, **wheat** flour, palm oil, **wheat** starch), mature Cheddar cheese (**milk**), pickle (carrots, sugar, swede, onion, **barley** malt vinegar, water, spirit vinegar, apple pulp, dates, salt, modified maize starch, rice flour, colour (**sulphite** ammonia caramel), onion powder, concentrated lemon juice, spices, spice and herb extracts), butter (**milk**).

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You can find more information at the following websites:

- Allergens: <https://www.food.gov.uk/business-guidance/allergen-guidance-for-food-businesses#allergens>
- PPDS food items & labelling: <https://www.food.gov.uk/business-guidance/introduction-to-allergen-labelling-changes-ppds#food-that-isn-t-ppds>
- Food Standards Scotland guidance: <https://www.foodstandards.gov.scot/education-resources/using-our-resources/food-allergy>

How does this affect my FareShare Go collections?

Supermarkets are working hard to fulfil the new legislation and hopefully your FareShare Go collections should remain the same, but some packaging may look different as our retail partners work to follow food safety law.

Items that are not pre-packaged (e.g. loose bakery or deli-counter items) will now be required to be wrapped and labelled with their ingredients and allergens. This is because they have not been selected by the person who will be eating them. That person has not been able to read the information that was included on the display counter. Other items that are pre-packaged should have the allergen information marked clearly as shown in the diagram above. Although there are many types of food sensitivities, there are 14 allergens that must be marked clearly, this is required by law. You can find a list of these allergens in the links provided.

What does this mean for the food my organisation provides?

If your organisation provides any pre-packaged food items that have been prepared by yourselves, on your premises (e.g. meals you have cooked and placed in containers ready to be taken away, sandwiches you have prepared and wrapped ready to be taken away) you will have an obligation to inform those who consume this food of any allergens that may be present.

Alongside the above website links, you can find more information on how to prepare for this change in law here: <https://natashas-law.com/> and here: <https://www.food.gov.uk/allergen-labelling-changes-for-prepacked-for-direct-sale-ppds-food>. Your local Environmental Health Officer should also be able to provide direct guidance on how to operate within the law safely.

There is different legislation that covers food you prepare and serve that is not packaged prior to someone ordering and then eating it.

FareShare are committed to providing you with a safe food experience, as we are updated with developments from our supply partners and our Primary Authority regarding Natasha's Law, we will be passing all relevant information along to our charity partners.